

Resources and Information on Protecting the Elderly

Click on this link to the Minnesota Elder Justice Center for handouts and information on Elder abuse, neglect and exploitation:

<https://elderjusticemn.org/for-families/other-resources/mejc-materials/>

Abuse, neglect and financial exploitation may not be obvious. However, there are often warning signs that you or a loved one may be at risk. It's never an easy conversation to have, but it may help save you or a loved one.

Questions to ask a Vulnerable Adult

Have you had a partner, family member, or trusted caregiver that:

- you are afraid of?
- embarrasses you by calling you bad names or putting you down?
- looks at you or acts in ways that scare you?
- destroys, damages or gives away your property?
- hides details about your finances or property from you?
- controls what you do, who you see, or where you go?
- controls your money or legal documents without your permission?
- uses your money in ways that do not benefit you or without your permission?
- makes all of the decisions without your input?
- threatens to hurt you?
- shoves, grabs slaps or hits you?
- ignores your physical, emotional or medical needs?
- takes money that you need to [pay](#) your bills?
- acts like everything is fine when others around you say you should be concerned? (retrieved June 13, 2019, in part, from elderjusticemn.org, 2019)

If someone is living with the vulnerable adult to provide care:

- Does the caregiver let other friends or family members move in?
- Is there a stream of people in and out of the home?
- Are the vulnerable adult's medications and finances monitored by more than one person?
- Does the caregiver have a history of dependency of either drugs or alcohol?
- Does the caregiver have a criminal history?

